



DANIEL SIH

Productivity expert, award-winning author and TEDx speaker

Is your team reactive, always online and struggling to make space?

Daniel Sih (*pronounced "see"*) is an award-winning author, TEDx speaker, and the founder and CEO of Spacemakers®, a productivity consulting group for busy leaders.

His first book "Spacemaker - how to unplug, unwind and think clearly in the digital age" has won six national and international awards, including the Australian Business Book Award for Personal Development in 2021, and the Axiom Business Book Award (USA) for Work-Life Balance and Time Prioritization in 2023.

His latest book, "Raising Tech-Healthy Humans," is a practical guidebook to help parents reset their children's tech-habits and give them a great start to life.

As a trainer, coach and keynote speaker, Daniel has worked with CEO's, executives, and other senior professionals throughout Australia and beyond. He is the creator of best-selling productivity courses such as Email Ninja, List Assassin and Priority Samurai with more than 20,000 students online and offline.

Daniel has a broad professional history, includes leadership roles in physiotherapy, health management, project management, pastoral care and CliftonStrengths® coaching.

Daniel lives in Tasmania, Australia with his wife, Kylie, and their three children, Naomi, Caleb and Jethro. He also keeps fourteen pure-bred chickens who eat a lot of grain and lay too few eggs.

To learn more about Daniel and his work at Spacemakers, please visit www.spacemakers.com.au and www.raisinghumans.au



SPEAKING TOPICS

MAKING SPACE

How to make space in the digital age for health, happiness and sustained productivity

Is your team busy and distracted? Are they almost always online? And are they working remotely, struggling to blend the new mix of work and life?

Online meetings and hybrid working is here to stay, requiring a rethink in the way we structure work and life. More than ever before, our staff need skills to manage digital overload as part of their wellbeing, including strategies to focus, think clearly and care for self.

What if your team could be more productive by unplugging from too much online activity? What if investing in space to think deeply, rest fully and reconnect with people in real-life could be a strategy to do your best work and live your best life?

This inspiring keynote is based on Daniel Sih's multi award-winning book, "Spacemaker", winner of the Australian Business Book Award in 2021 (Personal Development), the Royal Dragonfly Book Award in 2022 (Best Science and Technology eBook, Best Audiobook and Best New Non-Fiction Author), the Feathered Quill Book Award in 2023 (Best Self-Help Book) and the USA Axiom Business Book Award in 2023 (Best Work-Life Balance and Time Prioritization book).

This keynote or workshop expands on concepts outlined in Daniel's TEDx Hobart talk in 2023.

Be inspired to re-think your relationship with the online world and make space for what really matters in work, and in life.



SPEAKING TOPICS

EMAIL NINJA

How to take back control of your email inbox and get to zero each day

Is your email inbox out of control and adding stress to your life?

Email overload is a challenge for professionals, leaders and managers. We spend hours reading and responding to emails each day, but few employees have received training in how to thrive in a high-volume email environment.

According to research, many professionals experience email overload as a key stressor in their workplace. We are checking our inbox every 6-minutes. We are struggling to achieve the most important aspects of our roles because of inbox multi-tasking.

A clear plan is therefore essential to manage this endless stream of information in a smarter way.

Email Ninja was co-developed by award-winning author, Daniel Sih, and has impacted the lives of more than 20,000 workers globally.

This practical, research-informed workshop will introduce you to the concepts of Email Ninja, and help you take back control of your email inbox - to help you process your inbox to zero everyday!

Note: Email Ninja can be delivered as a keynote (with a complimentary eLearning course included per person) or as a workshop. See www.emailninja.com.au



SPEAKING TOPICS

PRIORITY SAMURAI

How to focus and achieve your best work in a whirlwind of reactivity

Our workplaces are busy and reactive. We are working harder and achieving fewer important things because of the whirlwind of digital life.

According to research, most professionals find it hard to identify their priorities. They find it even harder to translate their priorities into daily action.

How can we achieve our most important goals in and around the reactivity of email, meetings, instant messaging, and other daily distractions?

Priority Samurai is a proven set of strategies to help you think deeply about your work, identify your most important projects, and break them down so you can make progress each week.

This workshop is a game changer for anyone who wants to learn how to focus on what matters most. Join thousands of past students and become a Priority Samurai.



SPEAKING TOPICS

RAISING TECH-HEALTHY HUMANS

How to reset your children's tech-habits and give them a great start to life

According to research, 78% of parents believe that raising children today is more complicated than when they were kids, and the top reason they give is "technology and social media."

Daniel speaks with parents and educators around Australia about the joys and complexities of raising children in a tech-soaked world. He answers questions such as; "When should I get my child their first phone?" "What types of media are better for my child's brain?" and "What can I do to get my kids outdoors and enjoying adventures?"

Rather than scare parents with how bad the world can be, Daniel offers practical, research-based solutions to inspire parents to take small steps in raising humans who enjoy technology, but also live life to the full!

This keynote is based on Daniel's best-selling book, "Raising Tech-Healthy Humans" and is for parents and educators who want to re-think their approach to technology for pre-school and primary-school aged children.



SPEAKING TOPICS

THE COMMUNITY FACTOR

Lessons learnt by sharing life, land and loss over a decade in the suburbs

This keynote is based on Daniel's story of buying land with another couple in a suburb of Hobart, building two houses, and sharing 15-years of life together to create "a community without fences."

In a world where neighbours are increasingly isolated and lonely, our communities need new stories and new strategies to create a sense of togetherness and belonging.

Daniel's story of eating hundreds of meals with friends and neighbours, raising kids, growing vegetables, losing loved ones, and building a community can inspire others – no matter what your housing situation might be. This is not a story about a house, or even a home, but the patterns and commitments of sharing life together, and how this can change our inner and outer worlds.

More details available if needed.



TESTIMONIALS

Daniel Sih presented the opening and closing keynote at our Australian Boarding Leaders Conference and was a most engaging speaker, giving all of our delegates some wonderful take-home actions to help in their daily business lives.

Richard Stokes, CEO, Australian Boarding Schools Association

Daniel facilitated the 2022 Aesop Global Retail Summit in London and was incredible. His message was pragmatic, actionable, and well-received by our team. Daniel is personable and energetic, he truly had a marked impact on each individual that attended our summit. I highly recommend Daniel both as a speaker and performance coach.

Monica Thieme, Head of Retail for the Americas, Aesop